

WMS Emergency Comfort Kit Letter

Dear Parents/Guardians,

As part of this school's emergency management plan, each class has a Grab & Go kit. These kits are kept in an emergency bin and will be taken by teachers in case the school is evacuated in an emergency or disaster. In addition to the Grab & Go kits, each class has first aid supplies, flashlights, a radio, foil blankets, water, additional food supplies, class lists and so on.

Parents are asked to prepare a personalized comfort kit for their child.

Comfort Kits:

1. Label a sandwich sized Ziplock bag with your child's name.
2. Add a family photo. On the back of the photo, please print your child's name, parents' name(s), contact phone numbers, Personal Health Number, local and out of area contact persons and phone number. List any allergies, if applicable.

NOTE: If your child requires an EpiPen™ or special medications, it is a parent's responsibility to supply the school office with required medication for your child.

3. Include the following items in this bag:

- family photo (described above)
- sugarless chewing gum (optional to ease anxiety)
- two peanut free granola or fruit bars, or other nonperishable, high energy snack
- two Band-Aids (suggest with cartoon characters)
- small package of tissues
- small comfort item (optional) – ex. mini stuffed animal or small toy
- letter of reassurance for your child – some suggestions include:
 - It's okay to be afraid.
 - Listen to the teacher and stay with the class group.
 - The school is prepared to take care of you until Mom or Dad (or the alternate contacts) are able to come for you.
 - Include special words or pet names shared just between you.

Everything must fit into *this* Ziplock bag. An emergency foil blanket (for warmth) and water will be available for each child so these items do not have to be included in your child's personal comfort kit.

Please return your child's comfort kit to the classroom teacher no later than _____, so that we may add it to our Earthquake bin. This small personal kit can make a difference to the wellbeing of your child in an emergency.

If you have any questions or comments, please email the school office.

Thank you,
Emergency Management Planning Committee